



kindhood



Summer Programme 2025

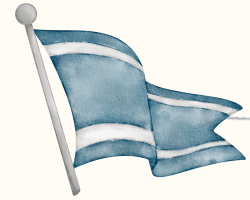
Term Dates: 23 June to 29 August 2025





Summer Timetable

Term Dates: 23 June to 29 August 2025



Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>5-day multi activity Camp</i> (Option to join daily session)</p> <p>3yrs-8yrs 10am-1pm or 3yrs-8yrs 10am-3pm</p> <p><i>Newly launched!</i></p> <p><i>Drama Camp</i>  (Required to commit for the whole week) 4yrs-8yrs 10am-3pm</p> <p>Week 3 - 7 Jul - 11 Jul Week 7 - 4 Aug - 8 Aug</p>  				
	<i>cooking Class</i> 12mths-18mths 4pm-4.45pm	<i>cooking Class</i> 2.5yrs-4yrs 4pm-4.45pm	<i>The groove Factory</i> 18mths-2.5yrs 4pm-4.45pm	<i>The groove Factory</i> 2.5yrs-4yrs 4pm-4.45pm
	<i>cooking Class</i> 2.5yrs-4yrs 5pm-5.45pm	<i>cooking Class</i> 18mths-2.5yrs 5pm-5.45pm	<i>The groove Factory</i> 12mths-18mths 5pm-5.45pm	<i>The groove Factory</i> 6mths-12mths 5pm-5.45pm



Class Price

	Member	Non-member
Cooking class	\$410	\$460
The Groove Factory (6mths-12mths)	\$330	\$380
The Groove Factory (Other age groups)	\$350	\$400



Camp Price

	Member	Non-member
Day Camp (10am to 1pm)	\$810	\$870
5-Day Camp (10am to 1pm)	\$3,550	\$3,850
Day Camp (10am to 3pm)	\$1,200	\$1,400
5-Day Camp (10am to 3pm)	\$5,500	\$6,500



WHAT'S HAPPENING IN 5-DAY MULTI ACTIVITY CAMP

-Sample Rundown for the 1st week-

MONDAY

Intro: About the camp

Let's Get Creative: Giraffe Craft

Outing: Visiting the Beach

Culinary Creation: Snake Sausage Roll

Jungle - Themed Puzzle Games

Round-Up & Circle Time: Reflecting on the day's activities & reinforcing learning

TUESDAY

Intro: About the camp

Let's Get Creative: Sunset Elephant Craft

Music & Movement: Jungle Melodies

Culinary Creation: Yummy Fruits Skewers

Jungle - Themed Storytelling

Round-Up & Circle Time: Reflecting on the day's activities & reinforcing learning

WEDNESDAY

Intro: About the camp

Outing: Beach - Team Building Game

Culinary Creation: Lion King Pizza

Roof: Dress up & Role Play Obstacle Course

Jungle Bingo

Round-Up & Circle Time: Reflecting on the day's activities & reinforcing learning

THURSDAY

Intro: About the camp

Let's Get Creative: Wild Snake Craft

Roof: Water Balloon Game

Music & Movement: Jungle Melodies

Jungle - Themed Scavenger Hunt

Round-Up & Circle Time: Reflecting on the day's activities & reinforcing learning

FRIDAY

Intro: About the camp

Let's Get Creative: Jungle Diorama

Roof: Mini Sports Game

Culinary Creation: Coconut Balls

Show & Tell

Round-Up & Circle Time: Reflecting on the day's activities & reinforcing learning

WHAT'S HAPPENING IN DRAMA CAMP

-Sample Rundown for the 1st week-



MONDAY

Intro: About the camp

Pantomime Icebreaker Game & Team building

Introduction to the Theme Song 'Count on Me' by Bruno Mars

Water Pollution Problem Discussion & Message From The Drama

Script Reading and Character Exploration

Round-Up & Circle Time: Reflecting on the day's activities & reinforcing learning

TUESDAY

Intro: About the camp

Let's Pretend Drama fun game

Craft Session: Prop Making

Vocal Warm-Ups & Lyrics reading

Song 'Count on Me' Choreography dance

Round-Up & Circle Time: Reflecting on the day's activities & reinforcing learning

WEDNESDAY

Intro: About the camp

Character Development & Drama Session Practice

Dance Practice & Craft Session: Prop Making

Group Song Singing & Dance Practice

Full Script Run-Through

Round-Up & Circle Time: Reflecting on the day's activities & reinforcing learning

THURSDAY

Intro: About the camp

Rehearsal Day Dance Review and Refinement

Scene Polishing

Full Dress Rehearsal

Feedback and Final Adjustments

Round-Up & Circle Time: Reflecting on the day's activities & reinforcing learning

FRIDAY

Intro: About the camp

Make-Up and Dress Up (Make up & Costume are provided)

Warm-Up and Final Touches

Showcase Performance (Grown up are invited as audience)

Celebration and Reflection

Round-Up & Circle Time: Reflecting on the day's activities & reinforcing learning



Week 1 - Jungle Paradise

23 June - 27 June

Explore the dense wilderness and marvel at the colorful animal kingdoms and unique plant life. Gain insight into jungle ecosystems and their remarkable diversity, immersing yourself in the vibrant beauty and intricate relationships of this extraordinary environment.

In this week's camp, kids will learn:



Animal Habitats

Learn about the diverse creatures that inhabit the jungle, from vibrant birds to playful monkeys. Explore their behaviors, habitats, and the roles they play in maintaining the ecosystem, deepening your understanding of this dynamic environment.



Jungle Weather

Understand the unique weather patterns that shape jungle life, focusing on rainfall and humidity. Learn how these factors influence the ecosystem, affecting plant growth, animal behaviors, and the overall biodiversity of the jungle.

Type of Medicinal Plants

Explore the remarkable plants used for healing and discover their significance in local cultures. Learn about traditional medicinal practices, the roles these plants play in community health, and their contributions to biodiversity and sustainability within the jungle ecosystem.

Survival Skills

Gain essential skills for navigating and thriving in the jungle environment. Learn techniques for survival, empowering you to confidently explore and connect with this unique ecosystem.



Conservation Awareness:

Learn about the critical importance of protecting jungle habitats and the wildlife they support. Discover conservation efforts, the impact of human activity, and how preserving these ecosystems benefits global biodiversity and climate stability.





Week 2 - Wild West Adventure

30 June - 4 July

Explore the rich history and traditions of cowboys while immersing yourself in the breathtaking landscapes that define this iconic era. Gain a deeper understanding of Wild West culture and experience the spirit of the frontier through thrilling adventures that capture the essence of being a cowboy!

In this week's camp, kids will learn:

Cowboy Culture

Explore the lifestyle and traditions of cowboys, delving into their essential skills and values. Learn about their daily routines, horsemanship, and the principles of teamwork, resilience, and respect for the land that define the cowboy way of life.



Rodeo

Discover the thrilling sport of rodeo, featuring exciting events like bull riding and barrel racing. Learn about the skills, techniques, and dedication required for these competitions, and experience the adrenaline and camaraderie that make rodeo a beloved tradition in cowboy culture.

Native American Heritage

Learn about the vibrant social life of saloons, where cowboys gathered for entertainment and community. Explore the role these establishments played in fostering camaraderie, storytelling, and local culture, and discover the activities that brought people together in the heart of the Wild West.



Saloon Culture

Learn about the diverse creatures that inhabit the jungle, from vibrant birds to playful monkeys. Explore their behaviors, habitats, and the roles they play in maintaining the ecosystem, deepening your understanding of this dynamic environment.

Roping and Lassoing

Introduction to the art of roping, where you'll practice with lassos and learn essential techniques. Discover the history and significance of roping in cowboy culture, and enhance your skills through hands-on experience in this vital cowboy tradition.

Week 3 - Drama Camp

- Count on me by Bruno Mars

7 July - 11 July



"Count on Me" is a camp dedicated to friendship and environmental stewardship! Campers will explore kindness through drama, singing, and dancing while learning to care for our Earth. Together, we'll build meaningful connections and focus on ocean protection through engaging performances.

In this week's camp, kids will learn:

Body Language Basics

Learn to express emotions and tell stories through movement. Campers will discover how their bodies can communicate messages without words, unlocking the power of nonverbal expression in a creative and engaging way.



Facial Expressions

Discover the power of facial expressions in conveying feelings and intentions. Engage in activities that include improvisation exercises designed to enhance emotional expression and deepen your understanding of nonverbal communication.



Voice Control Techniques

Develop skills in voice modulation, projection, and clarity. Campers will practice speaking and singing with confidence, emphasizing enunciation and tone to enhance their overall vocal performance.

Singing Workshop

Engage in fun singing sessions featuring "Count on Me." Campers will focus on vocal techniques and harmonizing, emphasizing teamwork and collaboration to create a joyful and cohesive musical experience.

Crafting Stage Props and Backdrops

Get creative by designing and making stage props and backdrops that reflect the ocean protection theme. Campers will learn crafting techniques to bring their ideas to life, enhancing their performances with unique, handmade visuals.





Week 4 - Eco Warriors

14 July - 18 July

In this camp, we'll delve into the essentials of ecology and sustainability, understanding the critical role we play in preserving our planet for future generations. Together, we'll learn practical ways to make a positive impact and foster a deeper connection with our environment.

In this week's camp, kids will learn:



The 3Rs (Reduce, Reuse, Recycle)

Discover the importance of minimizing waste, creatively reusing items, and understanding the recycling process. Explore how these practices contribute to environmental protection and sustainability, deepening your commitment to preserving our planet.

Biodiversity and Ecosystems

Explore local ecosystems and discover the vital role of biodiversity in maintaining a healthy planet. Learn about the interconnectedness of species and their habitats, and understand how preserving diverse plant and animal life supports environmental balance and resilience.

Sustainable Gardening

Discover the principles of sustainable gardening, including composting, organic gardening techniques, and creating habitats for wildlife. Learn how to grow plants in an eco-friendly way that supports biodiversity and promotes a healthy environment, while nurturing your connection to nature.

Water Conservation

Learn about the importance of conserving water and explore practical strategies to reduce water usage at home and in the community. Discover innovative methods for efficient water management and gain the knowledge needed to make a positive impact on water conservation efforts.



Renewable Energy

Understand various types of renewable energy sources, including solar and wind power, and explore their crucial role in reducing carbon footprints. Learn how these sustainable energy options can contribute to a cleaner environment and a more sustainable future.





- Week 4 Eco Warriors Outing - Pok Fu Lam Milk Farm

Friday, 18 July 2025 at 10am to 1pm



OUTING HIGHLIGHTS

- Exploring the history of dairy farming in Pok Fu Lam.
- Visiting the Old Dairy Farm Senior Staff Quarters (The Braemar).
- Learning about the historical significance of the farm.
- Participating in a hands-on milking experience.

OUTING RUNDOWN

10:00 AM	Gather all outing participants at the club
10:15 AM	Shuttle bus departs
10:35 AM	Arrive and start the activity until 12:05 PM
12:15 PM	Depart and head back to the club
12:35 PM	Arrive at the club (campers will have lunch)
	Briefing and conclusion of the outing at the club
1:00 PM	Dismissal



Important Information:

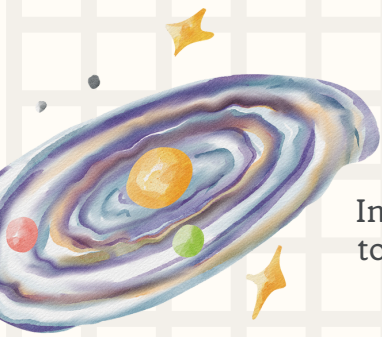
- The outing fee is not included in the camp fee.
- An additional fee of \$200 is required, covering one child and one accompanying adult.
- If campers join for 3 or 5 hours, an extra fee of \$200 will be applied.
- Advance booking is required at least 3 days prior to the visit
- We will travel by coach provided by Kindhood.

Weather Policy:

In the event of light rain, the outing will proceed as planned. However, if adverse weather conditions arise, Kindhood will determine whether to reschedule the outing for another day within the camp week or to offer alternative themed camp activities at the club based on weather conditions.

Adverse Weather and Other Unforeseen Circumstances:

- If a red or above rainstorm warning or typhoon warning signal No. 3 or above is in force two hours before the start time of the event, the event will be postponed.
- If such warnings are still in effect at 2:00 PM, all scheduled activities for the day will be canceled.
- If warnings are issued during the activity, it may continue unless the venue must close for safety reasons. If the participant decides to suspend the activity, there will be no option to change the date or receive a refund.



Week 5 - Science Sleuths

21 July - 25 July

In our "Science Sleuths" class, participants will conduct hands-on experiments to enhance their scientific understanding and tackle exciting STEM challenges using critical thinking and problem-solving skills. They will foster curiosity, explore innovation, and collaborate with peers to strengthen teamwork and communication skills.

In this week's camp, kids will learn:

Features of Solar System

Explore the solar system by learning about each planet, their unique features, and fun facts that make them special. Discover the history of space exploration, from early missions to current discoveries, and ignite your curiosity about the vast universe beyond our Earth!

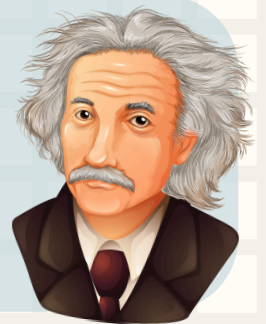
The Human Body and Health Tech

Discover how technology enhances our understanding of the human body, including innovative apps for tracking health and fitness. Explore the tools and devices that help monitor well-being, and learn how technology can empower you to make informed health choices.



Light and Einstein's Discoveries

Learn about Einstein's theories and their profound impact on our understanding of light, alongside the fascinating history of light bulb inventions. Explore how these concepts have shaped modern science and technology, illuminating our knowledge of the universe.



Colour Theory

Explore colour theory through digital tools to create stunning art. Learn how colours interact, influence emotions, and enhance your designs as you experiment with various techniques in the digital art realm. Unleash your creativity and bring your artistic visions to life!

Robotics and Engineering Challenges

Learn how humans build and program robots to solve problems while applying engineering principles in exciting challenges. Engage in hands-on activities that foster creativity and critical thinking as you design and develop your own robotic solutions!



Week 6 - Dinosaur Adventure

28 July- 1 August

Explore the rich history and fascinating world of dinosaurs while immersing yourself in the prehistoric landscapes that defined their era. Gain a deeper understanding of their evolution and behavior through thrilling activities that capture the essence of life in the age of dinosaurs!

In this week's camp, kids will learn:



Dinosaur Habitats

Explore the diverse environments where dinosaurs thrived, from lush forests to arid deserts and vibrant wetlands. Learn about the fierce carnivorous dinosaurs and majestic pterosaurs that ruled the skies, gaining insight into their habitats and behaviors in this thrilling prehistoric journey!

Dinosaur History

Learn about the timeline of dinosaurs, their evolution, and the significant extinction events that shaped their history. Discover fascinating insights into how these ancient creatures adapted to their environments and ultimately disappeared, providing a deeper understanding of life on Earth.

Fossils and Paleontology

Discover how fossils are formed and the vital role of paleontologists in uncovering the secrets of prehistoric life. Learn what fossils reveal about ancient ecosystems, behaviors, and the evolution of species, enriching your understanding of Earth's history.

Dinosaur Eggs and Reproduction

Study the various types of dinosaur eggs and their nesting behaviors, uncovering what they reveal about dinosaur growth and development. Explore the fascinating reproductive strategies of these ancient creatures and gain insight into their life cycles!



Dinosaur Species and Classification

Explore the diverse species of dinosaurs and their unique characteristics. Learn how scientists classify them based on physical traits, helping us understand their evolutionary relationships and the fascinating diversity of these ancient creatures!





Week 7 - Drama Camp

'We're all in this together' by High School Musical

4 August - 8 August

Join us for "We're All in This Together," a camp celebrating friendship and teamwork! Through drama, singing, and dancing, we'll explore kindness with the theme "Be Kind to Yourself, Be Kind to Others," fostering self-kindness and a supportive community. Let's build lasting connections together!

In this week's camp, kids will learn:

Teamwork Basics

Learn to effectively collaborate in groups while building trust and supportive relationships. Campers will engage in team-building activities designed to strengthen their connections and enhance their teamwork skills!



Collaborative Creation

Campers will work in groups to create short skits or scenes that highlight the importance of teamwork. This activity will help them practice listening and sharing ideas during the creative process, fostering collaboration and creativity!



Group Performance Skills

Discover how to perform as a cohesive unit on stage, emphasizing consistency and coordination. Activities will include rehearsing group dances and singing, enhancing team synergy and building strong connections among campers!

Emotional Expression and Support

Explore how to express emotions in performances while supporting teammates. Campers will engage in improvisation exercises designed to encourage and uplift one another, fostering a positive and collaborative performance environment!

Stage Design and Backdrops

Campers will collaboratively design and create stage backdrops that reflect the theme of team spirit. This hands-on activity will enhance their creativity while fostering teamwork and collaboration!





Week 8 - Nature Discoveries

11 August - 15 August

Explore the diverse ecosystems of the great outdoors and marvel at the wonders of insect habitats and wildlife. Gain insight into the intricate relationships within nature, immersing yourself in the beauty and diversity of this extraordinary environment!

In this week's camp, kids will learn:

Bugs and Butterflies Habitats

Explore the various environments where bugs and butterflies thrive, including gardens, meadows, and forests. Discover the unique adaptations of these creatures and their roles in ecosystems while enjoying hands-on activities in nature!



Life Cycles of Insects

Learn about the fascinating life cycles of various insects, including the metamorphosis of butterflies and the developmental stages of other bugs. Engage in activities that illustrate these processes and deepen your understanding of insect biology!

Roles in Ecosystems

Discover the vital roles that bugs and butterflies play in ecosystems, including pollination and decomposition. Engage in interactive activities that highlight their contributions to biodiversity and the health of our environment!



Insect Identification

Learn how to identify common bugs and butterflies by exploring their unique features and behaviors. Participate in activities that enhance your observation skills and deepen your appreciation for these fascinating creatures!

Conservation and Protection

Understand the importance of protecting habitats and the actions we can take to conserve insect populations. Engage in discussions and activities that promote awareness and inspire proactive efforts to safeguard these vital species and their environments!



Week 9 - Ocean Expeditions

18 August - 22 August

Explore the depths of the ocean and marvel at the fascinating lives of ocean creatures. Gain insight into marine ecosystems and their remarkable diversity, immersing yourself in the vibrant beauty of underwater habitats. Join us on an adventure that combines exploration with vital discussions on ocean protection and the impact of water pollution!

In this week's camp, kids will learn:



Sea Creature Habitats

Explore the diverse habitats of ocean creatures, including vibrant coral reefs, the mysterious deep sea, and dynamic coastal areas. Discover the unique adaptations of marine life and the interconnectedness of these ecosystems during hands-on activities!

Marine Life Diversity

Learn about the fascinating diversity of sea creatures, from colorful fish and majestic mammals to intriguing crustaceans and mollusks. Engage in activities that highlight their unique characteristics and roles within marine ecosystems!

Ocean Pollution

Discover the sources and effects of ocean pollution, including plastic waste and oil spills. Engage in discussions and activities that raise awareness about these critical issues and explore solutions for protecting our oceans!

Ocean Protection

Understand the vital importance of protecting marine ecosystems and the actions we can take to preserve ocean life. Participate in activities that promote awareness and inspire proactive efforts to safeguard our oceans for future generations!



Adaptations of Sea Creatures

Explore how various sea creatures adapt to their environments through fascinating traits like camouflage, bioluminescence, and unique feeding strategies. Engage in interactive activities that showcase these incredible adaptations and their roles in survival!





Week 10 - Travel the World

25 August - 29 August

Are you ready to explore the world in a whole new way? Join our exciting "Travel the World" class and embark on an adventure to discover diverse cultures! Engage in hands-on activities, craft projects, cooking, and games inspired by different nations. Immerse yourself in the vibrant traditions and unique lifestyles that make our world so fascinating!

In this week's camp, kids will learn:

Country Adventure

Explore incredible countries and discover their amazing landscapes, diverse climates, and fun geographical features. Engage in interactive activities that highlight the unique characteristics of each location, allowing you to appreciate the beauty and diversity of our planet!



Cultural Traditions

Discover unique cultural practices, festivals, and traditions from various countries. Engage in activities that celebrate these rich heritages, allowing you to experience the vibrant customs and stories that shape communities around the world!

History and Landmarks

Learn about significant historical events and famous landmarks that define each country. Explore their cultural heritage through engaging activities that highlight the stories and architecture that shape national identities!



Eating Habits and Cuisine

Explore traditional foods and eating habits from different cultures, including popular dishes and unique cooking methods. Engage in hands-on cooking activities and tastings that celebrate the diverse flavors and culinary practices around the world!

Languages and Communication

Learn about the languages spoken in different countries and how language influences culture and communication. Participate in interactive activities that highlight linguistic diversity and the role of language in shaping cultural identity!



- Week 10 Travel the World Outing - Stanley Market

Friday, 29 August 2025 at 10am to 1pm



OUTING HIGHLIGHTS

- Cultural Exploration: Discover local crafts and products.
- Global Connections: Experience the vibrant atmosphere of a popular travel destination.
- Interactive Scavenger Hunt: Engage with the surroundings while searching for unique items.
- Teamwork and Adventure: Foster connections through shared experiences in a diverse marketplace.

OUTING RUNDOWN

10:00 AM	Gather all outing participants at the club
10:15 AM	Shuttle bus departs
10:35 AM	Arrive and start the activity until 12:05 PM
12:15 PM	Depart and head back to the club
12:35 PM	Arrive at the club (campers will have lunch)
	Briefing and conclusion of the outing at the club
1:00 PM	Dismissal



Important Information:

- The outing fee is not included in the camp fee.
- An additional fee of \$200 is required, covering one child and one accompanying adult.
- If campers join for 3 or 5 hours, an extra fee of \$200 will be applied.
- Please be advised that advance booking is mandatory for the outing to Pok Fu Lam Farm by June 29.
- We will travel by coach provided by Kindhood.

Weather Policy:

In the event of light rain, the outing will proceed as planned. However, if adverse weather conditions arise, Kindhood will determine whether to reschedule the outing for another day within the camp week or to offer alternative themed camp activities at the club based on weather conditions.

Adverse Weather and Other Unforeseen Circumstances:

- If a red or above rainstorm warning or typhoon warning signal No. 3 or above is in force two hours before the start time of the event, the event will be postponed.
- If such warnings are still in effect at 2:00 PM, all scheduled activities for the day will be canceled.
- If warnings are issued during the activity, it may continue unless the venue must close for safety reasons. If the participant decides to suspend the activity, there will be no option to change the date or receive a refund.