



kindhood 暑期課程時間表

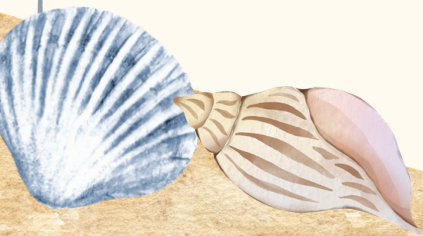
Summer Timetable



2026年6月22至8月14日

Term Dates: 22 June to 14 August 2026

星期一 Monday		星期二 Tuesday		星期三 Wednesday		星期四 Thursday		星期五 Friday	
kindhood 多元活動營 Multi-activity camp 3-8歲 3-8yrs 10am-1pm	ActiveKIDS 時尚任務營 Mission Runway Camp 4-8歲 4-8yrs 10am-12pm	kindhood 多元活動營 Multi-activity camp 3-8歲 3-8yrs 10am-1pm	ActiveKIDS 時尚任務營 Mission Runway Camp 4-8歲 4-8yrs 10am-12pm	kindhood 多元活動營 Multi-activity camp 3-8歲 3-8yrs 10am-1pm	ActiveKIDS 時尚任務營 Mission Runway Camp 4-8歲 4-8yrs 10am-12pm	kindhood 多元活動營 Multi-activity camp 3-8歲 3-8yrs 10am-1pm	ActiveKIDS 時尚任務營 Mission Runway Camp 4-8歲 4-8yrs 10am-12pm	kindhood 多元活動營 Multi-activity camp 3-8歲 3-8yrs 10am-1pm	ActiveKIDS 時尚任務營 Mission Runway Camp 4-8歲 4-8yrs 10am-12pm
ActiveKIDS 科學探險營 Science Adventures Camp 3-8歲 3-8yrs 3-5pm		kindhood 烹飪課 Cooking Class 18個月-2.5歲 18mths-2.5yrs 3pm-3.45pm	ActiveKIDS 科學探險營 Science Adventures Camp 3-8歲 3-8yrs 3-5pm	kindhood 烹飪課 Cooking Class 12-18個月 12-18mths 3pm-3.45pm	ActiveKIDS 科學探險營 Science Adventures Camp 3-8歲 3-8yrs 3-5pm	ActiveKIDS 科學探險營 Science Adventures Camp 3-8歲 3-8yrs 3-5pm		ActiveKIDS 科學探險營 Science Adventures Camp 3-8歲 3-8yrs 3-5pm	
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kindhood 多元活動營精彩活動一覽

What's happening in multi activity camp

-五日活動流程示例 Sample Rundown for the week-

星期一 Monday

星期二 Tuesday

星期三 Wednesday

星期四 Thursday

星期五 Friday

活動內容簡介 Intro: About the camp

創意烹飪:
樹幹巧克力捲蛋糕
Culinary Creation:
Tree Trunk Chocolate Roll

天台活動:
大自然尋寶遊戲
Roof Activity:
Nature Treasure Hunt

創意手作:
大自然畫框
Let's Get Creative:
Nature Frame

創意手作:
昆蟲標本手工
Let's Get Creative:
Insect Specimen Craft

天台活動:
螞蟻搬家遊戲
Roof Activity:
Ant Moving House Game

創意烹飪:
蜂蜜鹹鬆餅
Culinary Creation:
Savory Honey Muffin

遊戲/活動:
動物與棲息地配對遊戲
Game / Activity:
Animal habitat matching

創意烹飪:
刺蝟杏仁曲奇
Culinary Creation:
Hedgehog Almond Cookies

創意手作:
森林花園手作
Let's Get Creative:
Forest Garden Craft

創意手作:
花朵陽光捕捉器
Let's Get Creative:
Flower Sun-catcher

創意烹飪:
泥土杯子蛋糕
Culinary Creation:
Dirt Cupcakes

天台活動:
澆水接力賽
Roof Activity:
Watering Relay Race

創意烹飪:
彩虹薄餅
Culinary Creation:
Rainbow Pizza

遊戲/活動:
彩虹傘天氣遊戲
Game / Activity:
Parachute Weather Game

創意手作:
天氣吊飾手工
Let's Get Creative:
Weather Mobile Craft

總結 & 圍圈時間: 回顧當日活動, 鞏固學習成果

Round-Up & Circle Time:
Reflecting on the Day's Activities & Reinforcing Learning

多元活動營(3-8歲)

Multi Activity Camp (FOR AGED 3 - 8)

夏日炎炎, 來參加我們的多元活動營吧! 活動包括手工藝、烹飪、戶外活動及動手玩樂。歡迎按週或按日報名, 讓孩子過一個難忘的夏天!

Beat the heat with our Summer Multi-Activities Camp! Packed with crafts, cooking, outdoor activities, and hands-on fun. Sign up weekly or daily - give your child a summer to remember!

掃描或按此查閱夏令營每週主題及詳情。

Scan or click [here](#) for weekly summer camp themes and detailed content.



每週主題一覽 Weekly Theme Overview

22 - 26 June

大自然偵探 Nature Detectives

培養對自然世界的好奇心與關懷
Developing curiosity and care for the natural world

小朋友將會學習 Kids will learn:

樹木與大自然的祕密
Tree & nature secrets

昆蟲與牠們的家
Insects & their habitats

花園、動物與植物
Gardens, animals & plants

種植與植物生長
Planting & how plants grow

天氣與季節變化
Weather & seasonal changes



29 June - 3 July

環遊世界 Around The World (I)

探索世界各地的文化與地標
Discovering cultures & landmarks from around the world

小朋友將會學習 Kids will learn:

日本 - 美食與櫻花
Japan - Food and cherry blossoms

肯尼亞 - 野生動物、馬賽文化
Kenya - Wildlife & Maasai culture

巴西 - 嘉年華、音樂與雨林
Brazil - Carnival, music and rainforest

中國 - 節日與傳統
China - Festivals and traditions

埃及 - 金字塔與古文明
Egypt - Pyramids and ancient civilization



6 - 10 July

生態戰士 Eco Warriors

了解保護地球的重要性
Understanding the importance of protecting our Earth

小朋友將會學習 Kids will learn:

3R原則 - 減少、重用及回收
The 3Rs - Reduce, Reuse and Recycle

節約用水及水循環
Water conservation & the water cycle

海洋及河流保護
Ocean & river protection

樹木及森林的重要性
Importance of trees and forests

作為生態英雄的個人行動
Personal actions as Eco Heroes



13 - 17 July

職業夢想家 When I grow up

探索不同職業，發現未來的自己
Exploring jobs and dreaming about the future

小朋友將會學習 Kids will learn:

助人英雄
Helping Heroes

美食大師
Food Masters

科學探險家
Science Explorers

交通運輸隊
Transportation Team

建築與工程隊
Builders & Construction Team



20 - 24 July

情緒探索家 Emotion Explorers

了解自己的情緒及如何友善待人
Understanding our feelings and how to be kind

小朋友將會學習 Kids will learn:

辨識及命名情緒
Identifying and naming emotions

同理心及理解他人
Empathy and understanding others

善良及友誼技巧
Kindness and friendship skills

自我調節
Calming tools and self-regulation

正面表達情緒
Expressing feelings positively



27 - 31 July

環遊世界 Around The World (II)

探索世界各地的文化與地標
Discovering cultures & landmarks from around the world

小朋友將會學習 Kids will learn:

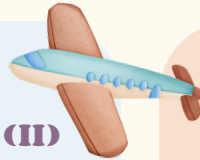
意大利 - 地標、藝術與意粉
Italy - Landmarks, art and pasta

印度 - 節日、色彩與傳統
India - Festivals, colours and traditions

澳洲 - 獨特動物與文化
Australia - Unique animals and culture

泰國 - 寺廟與大象
Thailand - Temples, elephants

墨西哥 - 繽紛節日與傳統
Mexico - Festivals and traditions



3 - 7 August

健康身體小英雄 Healthy Body Heroes

認識身體如何運作及如何保持健康
Understanding how our body works and stay healthy

小朋友將會學習 Kids will learn:

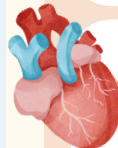
牙齒健康與刷牙習慣
Tooth health & brushing habits

心臟功能與運動的重要性
How the heart works & why exercise matters

肌肉力量與蛋白質食物
Muscle strength & protein foods

骨骼保護與鈣質食物
Bone protection & calcium-rich foods

大腦功能與記憶遊戲
Brain power, memory & reaction games



10 - 14 August

書本冒險 Adventure in Books

透過想像力及遊戲把故事變成真實
Bringing stories to life through imagination and play

小朋友將會學習 Kids will learn:

咕嚕牛 - 機智思考與勇敢
The Gruffalo - Clever thinking and bravery

親愛的動物園 - 動物與解決問題
Dear Zoo - Animals and problem solving

好餓的毛毛蟲 - 生命週期
The Very Hungry Caterpillar - Life cycles

彩虹魚 - 分享與善良
The Rainbow Fish - Sharing and kindness

大象艾瑪 - 獨特性及友誼
Elmer the Elephant - Uniqueness & friendship



時尚任務營

Mission Runway Camp

(只限五日營 5-day camp only)

一個有趣且動手做的課程，讓小朋友探索布料、設計及展示技巧。他們將把創意想法變成真正的服裝和配件--並於學期末在終極時裝秀上走上天橋！

A fun, hands-on program where kids explore textiles, design, and presentation. They will turn creative ideas into real outfits and accessories - then walk the runway in a final fashion show at the end of the term!

學習內容 What They Will Learn :

- 培養時尚與設計觸覺
Develop a sense of fashion and design
- 將創意轉化為真實可穿的服飾
Formulate creativity into real wearable pieces
- 提升展示、表演及組織能力
Sharpen presentation, performance & organizational skills



科學探險營

Science Adventures Camp

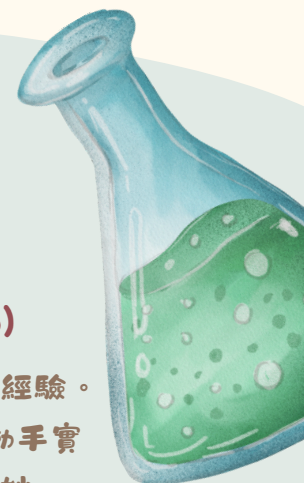
(五日營 5-day camp / 一日營 1-day camp)

一個源自美國、獲國家認可的科學課程，擁有超過35年經驗。小朋友將在充滿想像力的「從做中學」環境中，透過動手實驗、趣味活動及可帶回家的專題項目，探索科學的奧妙。

A US-based, nationally-accredited science program with over 35 years of experience. Kids explore science through hands-on experiments, fun activities, and take-home projects in a highly imaginative "learn-by-doing" environment.

學習內容 What They Will Learn :

- 真正愛上科學
Get truly excited about science
- 培養及提升科學素養
Develop and raise science literacy
- 透過創意、動手玩樂來學習科學
Learn science through creative, hands-on fun



ActiveKids 課程價格 price

	Member	Non-member
單日活動營 Day Camp	\$600	\$750
五天活動營 5-day Camp	\$2,800	\$3,300



關於課程

About our classes & camps

我們全方位照顧孩子的成長需要。

在 Kindhood，我們每一天都在思考，如何以嶄新方式啟發孩子，甚至連大人也一同受益。看着孩子從出生第一天起學習與成長，實在令人驚嘆——而這正是 Kindhood 的核心精神：為家庭建立一個充滿啟發的基礎，讓大家可以日常生活中，盡情學習如何一起玩、一起成長。

We've got your child's development all wrapped up.

Here at Kindhood we live out our days thinking of great new ways to inspire children and adults alike. It's amazing to see how a child learns and grows from day one, and this is what Kindhood is all about - creating an inspiring basis for families to learn how to play and grow together in as many parts of your day as possible.

課程 Classes

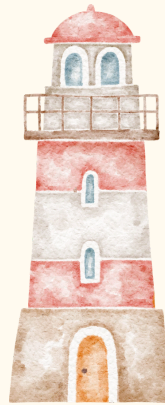
常規課程歡迎會員及非會員參加，對象為12個月至4歲小朋友。每班名額8人，先付先得，額滿即止。課程須由一位成人陪同，歡迎大人同小朋友一齊投入課堂，盡情玩樂。課程一經報名，恕不退款。如需請假，請於上課前至少24小時通知，我們將視乎課堂名額，安排於當期課表內補堂一次。

Summer Term classes are open to members and non-members from 12 months to 4 years old kids. Classes are limited to 8 kids each on a first paid first served basis. For classes, each child must be accompanied by an adult who is allowed to have as much fun in the class as their little ones. We do not offer refunds for classes once purchased, but will be happy to offer a make-up class within the current timetable, subject to availability, if you let us know in time before the class that you are unable to attend at least 24 hours.

活動營 Camps

活動營歡迎會員及非會員參加，適合3至8歲小朋友。此為獨立參與活動營，無需家長陪同，我們會提供小食及午餐。請為小朋友穿著可弄髒的衣物及襪子。如有任何過敏或醫療狀況，請提前告知我們。

Camps are open to members and non-members and are for 3-8 years old kids. Camps are drop-off style, snacks and lunch are provided. Please make sure your little ones wear old clothes and socks. Please let us know of any allergies or medical conditions of your little ones in advance.



為避免影響課程進行 To avoid disruption of class

上課期間請勿使用手機。

本時間表保留隨時調整之權利。

公眾假期可能未安排課程，請事先向我們確認。

Telephones are not to be used during class & camps.

This timetable is subject to change at any time.

Classes & camps may not run on Public Holidays, please check with us.

注意事項 Important stuffs

報讀課程或參加活動營須預先繳付全額費用，名額先付先得。一經付款，恕不退還。如需請假，請於課堂或活動營開始前至少24小時通知我們。屆時可視乎名額情況，於當期時間表內重新預約另一課堂或活動營。如缺席而未有事前通知，將照常收取費用。

Full payment in advance is required to secure a space in our classes & camps, on a first paid first booked basis. We do not offer refunds once purchased.

Please let us know at least 24 hours before your class/camp starts if you are unable to attend.

You may then rebook for another class/camp within the current timetable, subject to availability. Any no-shows will be charged.

kindhood 課程價格 price

	Member	Non-member
烹飪課 Cooking Class	\$410	\$460
單日活動營 Day Camp	\$750	\$880
五天活動營 5-Day Camp	\$3,250	\$4,150



kindhood

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